



## Three Decisions That Will Change Your Life

1. **Jesus said: ONE THING IS NECESSARY.** Luke 10:38-42 (KJV), Matthew 6:33, Psalm 5:3, Psalm 46:10, Isaiah 30:15, John 15:5-6, Revelation 3:20, Isaiah 30:18, Hebrews 11:6
  - **Stay close to Jesus.**
    - **Make HIM the priority in your life.**
    - **Sit at the feet of Jesus on a daily basis and learn from Him.**
    - **Pull away from the things that are distracting you from Jesus.**
    - **Pull away from distractions that are stealing your peace and joy.**
    - **It's in stillness that we receive from God.**
    - **Strength comes to us as we daily return to the feet of Jesus in quietness.**

### Types Of Rest We Need:

- **Physical | Mental | Spiritual | Emotional | Social | Sensory | Creative**
2. **King David said: ONE THING I DESIRE.** Psalm 27:4, Hebrews 10:24-25, I Peter 5:2, Psalm 63:2, Psalm 73:17, Psalm 96:6, Psalm 134:2, Psalm 150:1, Psalm 92:13
    - **Dwell in the house of the Lord. Make church a priority.**
      - **We meet in local churches to encourage one another, to worship God, and to hear the teaching of the Bible.**
      - **We gain strength from one another.**
      - **Each one of us NEED a pastoral Shepherd watching over us and teaching us.**
  3. **The Apostle Paul said: ONE THING I DO.** Philippians 3:13-14, Isaiah 43:25, II Corinthians 5:17
    - **Let go and move forward!**
      - **Forget your past and strive for what is ahead of you!**
      - **Possibly, you are not moving forward in your life because you're having a hard time letting go of your past, and the guilt, shame, disappointments, and regrets.**
      - **Forgetting is not necessarily losing all memory of but leaving it behind as DONE WITH AND SETTLED.**
      - **We can't change the past, but we can leave it behind.**
      - **If God forgives you and does not remember your past, why shouldn't you forgive yourself and leave your past behind?**

### 3 Powerful Decisions That Will Transform Your Life For The Best:

- **One thing is necessary—sit at the feet of Jesus daily and your life will be more peaceful.**
- **One thing I desire—dwell in the house of the Lord and you will flourish!**
- **One thing I do—let go of your past and move forward into your purpose!**

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_