



Small Group

GUIDELINES

01. Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to three to five minutes.
02. There will be no cross talk, please. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
03. We are here to support one another. We will not attempt to “fix” another.
04. Anonymity and confidentiality are basic requirements. What is shared in the the group stays in the group! The only exception is when someone threatens to injure themselves or others.
05. Offensive language has no place in a Christ-centered recovery group.