

## West Houston-Katy Counseling Resource List

<b>Counseling</b>	
<b>Marisa Cockrell</b>	<b>Address and Contact Information:</b> 1016 FM 1463 Katy, TX 77494 832.278.2549 <a href="http://www.marisa@katytherapist.com">www.marisa@katytherapist.com</a>
<b>Ken Gross</b> <ul style="list-style-type: none"> <li>• Recovery Pastor</li> <li>• Christian Counseling Services</li> </ul>	<b>Address and Contact Information:</b> 22765 Westheimer Parkway Katy, TX 77450 281.989.4545 <a href="mailto:ken@thefellowship.org">ken@thefellowship.org</a> <a href="http://www.thefellowship.org">www.thefellowship.org</a>
<b>Merimnao</b> <ul style="list-style-type: none"> <li>• Christian Counseling Services</li> <li>• Free Christ Based Support Groups</li> </ul>	<b>Address and Contact Information:</b> 800-990-4315 Jaclyn Townshend <a href="mailto:Jaclyn.townsend@merimnao.org">Jaclyn.townsend@merimnao.org</a>
<b>Houston's First Baptist Church - Julianna Poor Counseling Center</b> <ul style="list-style-type: none"> <li>• Christian Counseling</li> <li>• Individual &amp; Couple Counseling</li> <li>• Family Counseling</li> <li>• Group Counseling</li> <li>• Retreats</li> <li>• Intensives</li> </ul> <p><i>Locations in Houston, Katy/Cypress and Sienna</i></p>	<b>Address and Contact Information:</b> 7401 Katy Freeway; Houston TX 77024 713.335.6462 <a href="http://www.houstonfirst.org/ministries/counseling-center">www.houstonfirst.org/ministries/counseling-center</a>
<b>Renewing Hope</b> <ul style="list-style-type: none"> <li>• <b>Christian counseling</b></li> <li>• Individuals, Couples, Families</li> <li>• Specialists for every age and situation</li> <li>• Insurance accepted</li> <li>• Private pay, payment plans available</li> </ul>	<b>Address and Contact Information:</b> 11999 Katy Freeway, #490 Houston, TX 77079 713.365.0700 <a href="http://www.renewinghope.net/">http://www.renewinghope.net/</a>
<b>Fuller Life Family Therapy</b> <ul style="list-style-type: none"> <li>• Individual therapy, Couples, Children &amp; Adolescents, Family therapy</li> <li>• Sliding Scale</li> </ul>	<b>Address and Contact Information</b> Bellaire, TX and Houston, TX 855-245-5433 <a href="http://www.fullerlifefamilytherapy.org">www.fullerlifefamilytherapy.org</a>
<b>Interface Samaritan</b> <ul style="list-style-type: none"> <li>• 3 + Spanish speaking therapists</li> <li>• Galleria and Spring Offices</li> <li>• Accepts most insurance</li> <li>• Sliding scale \$15-\$90</li> </ul>	<b>Address and Contact Information:</b> 4803 San Felipe Houston, TX 77056 713.626.7990, EXT 104 <a href="http://www.interface-samaritan.org">www.interface-samaritan.org</a>
<b>The Cope Clinic</b> <ul style="list-style-type: none"> <li>• Individual, Couple's, Family, EAP, Premarital, Marriage</li> <li>• Telephonic Counseling</li> <li>• Behavior Modification Program</li> </ul>	<b>Address and Contact Information:</b> 888 W Sam Houston Pkwy S #280 Houston, TX 77042 832.572.3488 <a href="http://www.cope-clinic.com">www.cope-clinic.com</a>
<b>Houston Center for Christian Counseling</b> <ul style="list-style-type: none"> <li>• Christian counseling</li> <li>• Insurance accepted</li> </ul>	<b>Address and Contact Information:</b> 609 Park Grove Lane, Unit B Katy, TX 77450 281.398.0022 <a href="mailto:scheduling@christiancounselinghouston.com">scheduling@christiancounselinghouston.com</a> <a href="http://www.christiancounselinghouston.com/">http://www.christiancounselinghouston.com/</a>

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<p><b>West Houston Counseling Center</b></p> <ul style="list-style-type: none"> <li>• Low Cost Counseling and Sliding Scale</li> <li>• Insurance accepted</li> <li>• Drug and Alcohol Evaluations</li> <li>• Parenting Classes</li> <li>• Anger Management</li> <li>• Adult Counseling</li> <li>• Play Therapy/Child Counseling</li> <li>• Couples Therapy</li> <li>• Teen Counseling</li> <li>• Trauma Counseling</li> </ul>	<p><b>Address and Contact Information:</b>            707 South Fry Rd, STE 465            Katy, TX 77450            281.940.8515  <a href="mailto:admin@westhoustoncounseling.com">admin@westhoustoncounseling.com</a>  <a href="http://www.westhoustoncounseling.com">http://www.westhoustoncounseling.com</a></p>
<p><b>Psychiatrists</b></p>	
<p><b>Dr. Rafael Guerrero</b></p> <ul style="list-style-type: none"> <li>• Specializes in treatment resistant depression; Transcranial Magnetic Stimulation (TMS).</li> </ul>	<p><b>Address and Contact Information:</b>            1830 Snake River Road, STE E            Katy, TX 77449            281.398.9800  <a href="http://www.drrafaelguerrero.com">www.drrafaelguerrero.com</a></p>
<p><b>Dr. Theresa Lara, MD</b></p> <ul style="list-style-type: none"> <li>• Major depressive disorders</li> <li>• Bipolar disorders</li> <li>• Anxiety spectrum disorders</li> <li>• Trauma and grief</li> <li>• Psychotic disorders</li> <li>• ADHD/ADD</li> <li>• OCD</li> <li>• Women's reproductive health concerns</li> <li>• Supportive therapy for adolescents, young adults, and their families</li> </ul>	<p><b>Address and Contact Information:</b>            440 Covia Dr #1301            Katy, TX 77494            281.829.0072</p>
<p><b>Marco A. Renazaco, MD</b></p> <ul style="list-style-type: none"> <li>• Depression</li> <li>• Depression in Pregnancy and Postpartum</li> <li>• Anxiety and Panic Disorder</li> <li>• Bipolar Disorder</li> <li>• ADHD</li> <li>• Obsessive Compulsive Disorder</li> <li>• Schizophrenia</li> <li>• Substance Abuse/Addiction</li> <li>• Fluent in Spanish</li> </ul>	<p><b>Address and Contact Information:</b>            24215 Kingsland Blvd            Katy, TX 77494            281.599.3313</p>
<p><b>Stokan, Jagers &amp; Associates</b></p> <ul style="list-style-type: none"> <li>• Combining psychiatry and counseling services for Katy and surrounding areas</li> <li>• Specialist for Autism</li> </ul>	<p><b>Address and Contact Information:</b>  <u>23501</u> Cinco Ranch Blvd, STE G270            Katy, TX 77494            281.394.2005  <a href="http://www.stokanijagers.com">www.stokanijagers.com</a></p>
<p><b>Psychologist - Child</b></p>	
<p><b>Katy Child Psychology Associates</b>            Insurance Accepted</p>	<p><b>Address and Contact Information:</b>  <u>21384</u> Provincial Blvd            Katy, TX 77494            281.829-1599  <a href="mailto:admin@katychildpsychology.com">admin@katychildpsychology.com</a></p>
<p><b>Divorce Care</b></p>	
<p><b>Kingsland Baptist Church</b>            Divorce Care            \$12.00 Registration fee includes workbook            Child care available</p>	<p><b>Address and Contact Information:</b>            20555 Kingsland Blvd            Katy, TX 77450  <b>Alison Carillon, DC leader</b>            270-227-2859  <a href="https://www.divorcecare.org/groups/96549">https://www.divorcecare.org/groups/96549</a></p>

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<p><b>Second Baptist Church Houston</b></p>	<p><b>Address and Contact Information:</b>          6400 Woodway Drive          Houston, TX 77057          713.465.3408          Lynn Roberts          lroberts@second.org  <a href="http://www.second.org/woodway/prayerandcare/divorcerecovery.aspx">www.second.org/woodway/prayerandcare/divorcerecovery.aspx</a></p>
<p><b>Pastoral Counseling</b></p>	
<p><b>Sugar Creek Baptist Church</b>  <b>Biblical Counseling provided by Pastoral Care</b>          (counselors at Sugar Creek Baptist Church are not licensed Professional Counselors or recognized as such by the state of Texas )</p> <ul style="list-style-type: none"> <li>• Marital Coaching</li> <li>• Pre-Marital Coaching</li> </ul>	<p><b>Address and Contact Information</b>          13333 Southwest Freeway          Sugarland, TX 77478          281-242-2858  <a href="http://www.sugarcreek.net/care/">www.sugarcreek.net/care/</a></p>
<p><b>Support Groups - Various</b></p>	
<p><b>Merimnao</b></p> <ul style="list-style-type: none"> <li>• Christian Counseling Services</li> <li>• Free Christ Based Support Groups</li> </ul>	<p><b>Address and Contact Information:</b>          800-990-4315          Jaclyn Townshend  <a href="mailto:Jaclyn.townsend@merimnao.org">Jaclyn.townsend@merimnao.org</a></p>
<p><b>St Peter's United Methodist Church – Care Ministries</b></p> <p>Alanon, ADHD, Alcoholics Anonymous, Alzheimer's Support; Autism Support/ CoDA, Depression Bipolar, Grief Support, Narcotics Anonymous, NAMI, Open Heart (support of families of LGBTQ) Overeaters Anonymous; Women's Breast Cancer Support</p>	<p><b>Address and Contact Information:</b>          20775 Kingsland Blvd          Katy, TX 77450          281.492.8031          Ed Barron          281.492.8031 ext 313  <a href="mailto:ebarron@stpkaty.org">ebarron@stpkaty.org</a>  <a href="http://www.stpkaty.org/get-involved/care-ministries/support-groups-12-step-programs/">Http://www.stpkaty.org/get-involved/care-ministries/support-groups-12-step-programs/</a></p>
<p><b>Intellectual Developmental Disabilities</b></p>	
<p><b>Texana</b></p> <p>Services that help to improve the lives of many Texans by providing care, skills training and support for all kinds of behavioral challenges; including mental illness, intellectual disabilities and autism. We are here to help you, as we know it can be difficult to navigate the system.</p>	<p><b>Address and Contact Information:</b>          Crisis Line: (800) 633-5686          Office: (281) 239-1300</p>
<p><b>The Arc Of Katy</b></p> <p>Opportunities for individuals with intellectual and developmental disabilities that enable each person to be included as a respected and active member of their community.</p>	<p><b>Address and Contact Information:</b>          5819-C 10th Street,          Katy, TX 77493          (832) 754-9802</p>
<p><b>Family to Family</b></p> <p>Programs that help families of children with disabilities by providing information, training, referral, and support. By providing IEP parent support in Houston, education and training events on the special education process, developmental disabilities diagnosis information, reliable online resources, and referral to community resources, Family to Family Network offers families of children the opportunity to also network with other families in order to learn from and help on another.</p>	<p><b>Address and Contact Information:</b>          16225 Park Ten Place, #500,          Houston, TX 77084          (713) 466-6304</p>
<p><b>Houston Area Special Needs Resource Guide</b></p>	<p><b>Address and Contact Information:</b>  <a href="https://www.houstonfamilymagazine.com/family-wellness/houston-area-special-needs-resource-guide/">https://www.houstonfamilymagazine.com/family-wellness/houston-area-special-needs-resource-guide/</a></p>
<p><b>Social Services</b></p>	
<p><b>Katy Christian Ministries</b></p> <ul style="list-style-type: none"> <li>• Social Services</li> <li>• Domestic Violence</li> </ul>	<p><b>Address and Contact Information:</b>          5504 1st Street          Katy, TX 77493</p>

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<ul style="list-style-type: none"> <li>• Food Pantry</li> </ul>	281.391.5261 Sex Abuse Hotline 281.693.7273 Domestic Abuse Hotline 281.391.4357 Katy Food Pantry 281.391.3730
<b>Cypress Assistance Ministries</b> <ul style="list-style-type: none"> <li>• Financial Assistance</li> <li>• Food Pantry</li> <li>• GED classes</li> <li>• ESL Classes</li> </ul> <p><i>*Must live in zip codes 77065, 77095, 77429 or 77433</i></p>	<b>Address and Contact Information:</b> 281.995.7684 <a href="mailto:info@cypressassistance.org">info@cypressassistance.org</a>
<b>Houston Pregnancy Help center – West Houston</b> <ul style="list-style-type: none"> <li>• Free pregnancy testing</li> <li>• Peer-counseling</li> <li>• Case Management</li> <li>• Crisis Intervention</li> <li>• Ultrasound to determine pregnancy viability</li> <li>• Confirmation of pregnancy</li> <li>• Childbirth and parenting classes</li> <li>• Fatherhood classes</li> <li>• Men to Men mentoring</li> <li>• Ongoing pregnancy support</li> <li>• Referrals to community agencies</li> <li>• Adoption information and referrals</li> <li>• Housing referrals</li> <li>• Medical and legal referrals</li> <li>• Life style education</li> <li>• Limited emergency assistance</li> </ul>	<b>Address and Contact Information:</b> 1450 E Summitry Cir Katy, TX 77449 281.578.0078
<b>Out Patient / In Patient Mental Health &amp; Addiction Services</b>	
<b>West Oaks Hospital</b> <ul style="list-style-type: none"> <li>• Serving Children, Teens and Adults</li> <li>• Free Initial Mental Health Assessment</li> <li>• Inpatient</li> <li>• Outpatient</li> <li>• Partial Hospitalization</li> <li>• Intensive Outpatient</li> <li>• Depression/Bipolar/Schizophrenia/Anxiety/ Substance Use/Anger and aggression/ Eating Disorders /Dual Diagnosis</li> </ul>	<b>Address and Contact Information:</b> 6500 Hornwood Drive Houston, TX 77074 <a href="http://www.westoakshospital.com">www.westoakshospital.com</a> 713.774.0606  Excel Center of Katy 2900 Commercial Care Center Blvd, STE 102 Katy, TX 77494 281.647.0020

*This is not a comprehensive list of counselors and psychologists in the Houston area. Family Counseling does not endorse any of the aforementioned counselors or psychologists. Rather, this list is given as a resource to assist clients in locating counselors and psychologists easily.*